

AVOHK 5k Series 2024 - Race 2

Date: 7th September 2024

Overall Position	Gender Position	Category Position	Category	Bib	Name	OfficialTime
1	1	1	Men's 40 (40-44)	M227	Wan Ho Yuen	0:19:06
2	2	2	Men's 40 (40-44)	M049	Chris Davis	0:19:11
3	3	1	Men's Junior 15 (14-15)	M155	Luka Youl	0:19:21
4	4	1	Men's 35 (35-39)	M197	Sebastian Cotton	0:19:21
5	5	3	Men's 40 (40-44)	M060	David Woo	0:19:30
6	6	1	Men's 45 (45-49)	M085	George Gaffney	0:19:32
7	7	2	Men's 35 (35-39)	M231	Wing Hung Chan	0:19:39
8	8	4	Men's 40 (40-44)	M013	Alexandre Marly	0:19:49
9	9	2	Men's 45 (45-49)	M006	Alan Zagury	0:20:00
10	10	1	Men's Open (18-34)	M280	Vaibhav Bhoovarahan	0:20:04
11	11	3	Men's 35 (35-39)	M058	Creighton Connolly	0:20:36
12	12	2	Men's Open (18-34)	M214	Thomas Edmunds	0:20:38
13	13	2	Men's Junior 15 (14-15)	M273	Atharva Mongia	0:21:01
14	14	3	Men's Open (18-34)	M215	Thomas Macalister-Smith	0:21:05
15	1	1	Ladies 40 (40-44)	W144	Caitriona Jennings	0:21:09
16	15	3	Men's 45 (45-49)	M080	Frank Riehm	0:21:17
17	16	4	Men's 35 (35-39)	M053	CHUN TAK WONG	0:21:22
18	17	5	Men's 40 (40-44)	M287	Tim Jowett	0:21:31
19	18	6	Men's 40 (40-44)	M147	Lawrence Wong	0:21:34
20	19	4	Men's 45 (45-49)	M198	SHIU FAI CHEUNG	0:21:34
21	20	3	Men's Junior 15 (14-15)	M292	Chun Hei Fung	0:21:36
22	21	1	Men's 50 (50-54)	M012	Alexander Berkhout	0:21:39
23	22	2	Men's 50 (50-54)	M121	Jono Woodhouse	0:21:40
24	23	7	Men's 40 (40-44)	M189	Richard Cowley	0:21:46
25	24	3	Men's 50 (50-54)	M163	Mark Rutter	0:21:58
26	25	1	Men's Junior 13 (12-13)	M100	ILIAS TOBBACK	0:22:09
27	26	5	Men's 45 (45-49)	M300	Tristan Kent	0:22:12
28	27	6	Men's 45 (45-49)	M137	Kim Iu	0:22:12
29	28	4	Men's Open (18-34)	M281	Tim Ng	0:22:19
30	29	2	Men's Junior 13 (12-13)	M175	Ming Yin Sze	0:22:22
31	30	4	Men's Junior 15 (14-15)	M190	rico lam	0:22:25
32	31	8	Men's 40 (40-44)	M165	Matt McDonnell	0:22:30
33	2	1	Ladies Open (18-34)	W163	Wing Yee Tsui	0:22:32
34	32	5	Men's Junior 15 (14-15)	M271	Markus Ma	0:22:52
35	33	7	Men's 45 (45-49)	M185	Rajeev Ranjan	0:23:02
36	34	6	Men's Junior 15 (14-15)	M272	Hei Yiu Tse	0:23:11
37	35	5	Men's Open (18-34)	M239	Yi Zhi Chang	0:23:11
38	36	5	Men's 35 (35-39)	M154	Luis Pinho	0:23:17
39	37	9	Men's 40 (40-44)	M295	Adrian Worth	0:23:25
40	38	6	Men's 35 (35-39)	M238	Yi Kin Leung	0:23:28
41	39	10	Men's 40 (40-44)	M297	Derek Baram	0:23:32
42	3	2	Ladies 40 (40-44)	W027	Elaine Fu	0:23:39
43	40	7	Men's 35 (35-39)	M193	Rowan Varty	0:23:45
44	41	7	Men's Junior 15 (14-15)	M023	Billy Rudge	0:23:45
45	42	8	Men's 35 (35-39)	M173	Michael Chan	0:23:48
46	43	1	Men's 70 (70-74)	M233	Wing Sing Kwok	0:23:49
47	44	1	Men's 55 (55-59)	M131	Kar Cheong Kwok	0:23:50
48	45	2	Men's 55 (55-59)	M203	Simon Cheng	0:23:51
49	46	3	Men's Junior 13 (12-13)	M220	Tsz Long Chan	0:23:59
50	47	6	Men's Open (18-34)	M213	Tat yik LAI	0:24:01
51	48	8	Men's 45 (45-49)	M299	Charlie Nixon	0:24:06
52	49	4	Men's 50 (50-54)	M146	Laurence Rudge	0:24:10
53	50	1	Men's Junior 17 (16-17)	M079	Ethan Kao	0:24:17
54	4	2	Ladies Open (18-34)	W040	Hiu Laam Pang	0:24:18
55	5	1	Ladies 45 (45-49)	W135	Yuk Mui Fang	0:24:19
56	51	1	Men's 65 (65-69)	M247	Juergen Wittstock	0:24:27
57	52	4	Men's Junior 13 (12-13)	M033	Charlie Fraser	0:24:27
58	53	9	Men's 35 (35-39)	M002	Adam Cross	0:24:29
59	6	1	Ladies 35 (35-39)	W004	Amie Shuttleworth-Waite	0:24:34
60	54	8	Men's Junior 15 (14-15)	M090	Harvey Riding	0:24:38
61	55	10	Men's 35 (35-39)	M164	Matt Coombes	0:24:40
62	56	2	Men's 65 (65-69)	M223	wai lap Cheung	0:24:48
63	57	7	Men's Open (18-34)	M282	Wu Wu	0:24:49
64	58	8	Men's Open (18-34)	M043	Chik Wai Jason Wong	0:24:56
65	59	9	Men's 45 (45-49)	M289	David Rundle	0:24:58
66	60	11	Men's 35 (35-39)	M055	Clement Nolleau	0:25:01
67	61	3	Men's 55 (55-59)	M230	Will Hayward	0:25:04

AVOHK 5k Series 2024 - Race 2

Date: 7th September 2024

Overall Position	Gender Position	Category Position	Category	Bib	Name	OfficialTime
68	62	11	Men's 40 (40-44)	M293	Bun Liu	0:25:05
69	7	3	Ladies 40 (40-44)	W039	Helene Neto	0:25:09
70	63	3	Men's 65 (65-69)	M145	Kwong Ming Leung	0:25:09
71	64	12	Men's 35 (35-39)	M249	King yin Tam	0:25:20
72	8	3	Ladies Open (18-34)	W093	Sai Yi Ng	0:25:21
73	65	4	Men's 55 (55-59)	M179	Norman Hui	0:25:29
74	9	2	Ladies 35 (35-39)	W105	stephanie perrault	0:25:36
75	66	12	Men's 40 (40-44)	M015	Allan Fraser	0:25:38
76	67	1	Men's 60 (60-64)	M241	Yiu Ming LAU	0:25:46
77	68	13	Men's 40 (40-44)	M064	Derek Ma	0:25:46
78	69	5	Men's 55 (55-59)	M291	Antony Pringle	0:25:48
79	10	4	Ladies Open (18-34)	W005	Andrea Cheung	0:26:01
80	11	4	Ladies 40 (40-44)	W011	Bernadette Baje	0:26:01
81	70	14	Men's 40 (40-44)	M115	John Wong	0:26:07
82	71	9	Men's Open (18-34)	M069	Diego Alvis	0:26:10
83	12	1	Ladies 55 (55-59)	W044	Ivy Wong	0:26:20
84	72	15	Men's 40 (40-44)	M082	Frederick Fung	0:26:24
85	73	9	Men's Junior 15 (14-15)	M274	Lincoln Loennborn	0:26:37
86	74	5	Men's 50 (50-54)	M207	Steve Davies	0:26:42
87	75	16	Men's 40 (40-44)	M057	Coleman Wan	0:26:43
88	76	13	Men's 35 (35-39)	M290	Oliver Haas	0:26:46
89	13	1	Ladies Junior 17 (16-17)	W160	Tsz Ching Xie	0:26:47
90	77	10	Men's 45 (45-49)	M083	Garry Ng	0:26:49
91	78	10	Men's Open (18-34)	M296	Edward Styles	0:26:51
92	14	1	Ladies Junior 15 (14-15)	W159	Wing Lam Mok	0:27:00
93	79	14	Men's 35 (35-39)	M113	JJ McGrath	0:27:00
94	15	2	Ladies Junior 15 (14-15)	W110	Téa McMahan	0:27:04
95	80	6	Men's 50 (50-54)	M070	Donald Low	0:27:08
96	16	2	Ladies 55 (55-59)	W058	Lan Fa Angel Lo	0:27:10
97	81	4	Men's 65 (65-69)	M182	POK CHEUNG WAH	0:27:12
98	17	5	Ladies Open (18-34)	W121	Wing Hin LAU	0:27:21
99	82	2	Men's Junior 17 (16-17)	M288	Kwok Wang Hei	0:27:24
100	83	15	Men's 35 (35-39)	M225	WAI YIP CHIN	0:27:26
101	84	16	Men's 35 (35-39)	M248	Ike Kutlaca	0:27:26
102	85	7	Men's 50 (50-54)	M196	SAI ON Yu	0:27:27
103	18	1	Ladies 60 (60-64)	W075	Mei Lun Yeung	0:27:31
104	19	3	Ladies 35 (35-39)	W139	fook ki peony tse	0:27:32
105	20	2	Ladies 60 (60-64)	W101	Siu Miu Margaret CHUI	0:27:33
106	86	5	Men's 65 (65-69)	M041	Chi Wing CHEUNG	0:27:38
107	21	4	Ladies 35 (35-39)	W077	Natalie Kwan	0:27:42
108	22	3	Ladies 55 (55-59)	W042	Hoi lun helen Leung	0:27:44
109	23	1	Ladies Junior 13 (12-13)	W049	Junyi Beverly Leung	0:27:45
110	87	8	Men's 50 (50-54)	M221	Vincent Lee	0:27:45
111	88	5	Men's Junior 13 (12-13)	M022	Benji Williams	0:27:47
112	24	3	Ladies Junior 15 (14-15)	W033	Grace Carter	0:27:47
113	89	6	Men's 65 (65-69)	M093	HERMANN CHU	0:27:49
114	90	17	Men's 35 (35-39)	M014	Ali Cochran	0:28:01
115	91	6	Men's 55 (55-59)	M187	Reto Raimann	0:28:16
116	92	2	Men's 60 (60-64)	M148	LEE WAI KWONG HANNAY	0:28:18
117	25	6	Ladies Open (18-34)	W116	Wai Hin LAU	0:28:19
118	26	4	Ladies Junior 15 (14-15)	W166	Safiya Gilham	0:28:20
119	27	1	Ladies 50 (50-54)	W070	Man Ching Ng	0:28:24
120	28	2	Ladies 50 (50-54)	W026	Elaine Hall	0:28:26
121	93	18	Men's 35 (35-39)	M118	Jonathan Shuttleworth-waite	0:28:26
122	29	2	Ladies 45 (45-49)	W045	Jaclyn Hung	0:28:31
123	30	2	Ladies Junior 13 (12-13)	W148	Yichu Li	0:28:34
124	31	5	Ladies 40 (40-44)	W161	Justyna Rundle	0:28:37
125	94	7	Men's 65 (65-69)	M135	Kenneth Choi	0:28:38
126	32	3	Ladies 60 (60-64)	W164	Belinda Greer	0:28:56
127	95	11	Men's 45 (45-49)	M040	Chi Wai Li	0:29:04
128	96	19	Men's 35 (35-39)	M250	TAT SHING KOO	0:29:12
129	33	2	Ladies Junior 17 (16-17)	W137	Zoe Jane Cheng	0:29:18
130	34	3	Ladies 50 (50-54)	W118	Wai Yan Chan	0:29:20
131	35	3	Ladies 45 (45-49)	W117	Wai Yan Chan	0:29:27
132	97	9	Men's 50 (50-54)	M184	Raimondo Wong	0:29:28
133	98	12	Men's 45 (45-49)	M141	Krios Yeung	0:29:29
134	99	10	Men's 50 (50-54)	M160	Marc Rubinstein	0:29:37

AVOHK 5k Series 2024 - Race 2

Date: 7th September 2024

Overall Position	Gender Position	Category Position	Category	Bib	Name	OfficialTime
135	100	17	Men's 40 (40-44)	M042	Chi Yui Chau	0:29:44
136	101	13	Men's 45 (45-49)	M120	Jonathan Williams	0:29:50
137	36	5	Ladies 35 (35-39)	W071	MAN TING KWAN	0:29:50
138	37	5	Ladies Junior 15 (14-15)	W020	Chloe Herminjard	0:29:58
139	38	4	Ladies 45 (45-49)	W094	Sarah Dickinson	0:30:01
140	39	7	Ladies Open (18-34)	W154	Sherry Duan	0:30:02
141	102	11	Men's Open (18-34)	M277	wun lam pak	0:30:06
142	40	6	Ladies 40 (40-44)	W021	Choi Long Ng	0:30:08
143	41	3	Ladies Junior 17 (16-17)	W162	Eveline Tobback	0:30:09
144	103	11	Men's 50 (50-54)	M240	Ying Kit Leung	0:30:13
145	42	4	Ladies 50 (50-54)	W010	Belinda McLaughlin	0:30:20
146	104	12	Men's 50 (50-54)	M222	Wai Lam LOK	0:30:23
147	105	3	Men's 60 (60-64)	M243	光平 宋	0:30:36
148	43	5	Ladies 50 (50-54)	W102	SO HAN HO	0:30:37
149	106	4	Men's 60 (60-64)	M092	Henry Wong	0:30:47
150	107	5	Men's 60 (60-64)	M009	Alex LAU	0:30:47
151	44	7	Ladies 40 (40-44)	W158	Lisa Borchart	0:30:49
152	45	5	Ladies 45 (45-49)	W124	Xanthe Riding	0:30:57
153	108	8	Men's 65 (65-69)	M150	Leung Sum Yu	0:30:58
154	46	6	Ladies Junior 15 (14-15)	W081	Nica McMahon	0:30:59
155	109	18	Men's 40 (40-44)	M036	CHI FUNG CLARENCE HO	0:30:59
156	47	6	Ladies 35 (35-39)	W068	Lung Yi Mak	0:31:01
157	48	6	Ladies 50 (50-54)	W063	ling lau	0:31:11
158	49	8	Ladies Open (18-34)	W051	Ka sin Wong	0:31:31
159	50	9	Ladies Open (18-34)	W115	Vivian Cheng	0:31:35
160	110	6	Men's 60 (60-64)	M024	Bobby Kwok	0:31:46
161	51	7	Ladies 35 (35-39)	W141	Valentina Latorraca	0:31:47
162	111	2	Men's 70 (70-74)	M029	ChAk yAN Chan	0:32:22
163	112	3	Men's 70 (70-74)	M206	Stephen K Lau	0:32:28
164	52	6	Ladies 45 (45-49)	W090	Rachel Ball	0:32:39
165	53	3	Ladies Junior 13 (12-13)	W129	YAT NAM WONG	0:32:39
166	113	14	Men's 45 (45-49)	M122	JOSE SANDOVAL	0:33:00
167	54	4	Ladies 55 (55-59)	W017	Cecilia Wong	0:33:10
168	55	7	Ladies Junior 15 (14-15)	W150	Ruby Ramsay	0:33:12
169	114	9	Men's 65 (65-69)	M245	顯文 余	0:33:12
170	56	10	Ladies Open (18-34)	W019	Chloe Whittington	0:33:26
171	115	7	Men's 60 (60-64)	M054	chung shing chan	0:33:33
172	57	8	Ladies Junior 15 (14-15)	W083	Oi Yu Angelina Au	0:33:41
173	58	11	Ladies Open (18-34)	W156	Samantha Ho	0:33:54
174	59	1	Ladies 75 (75-79)	W108	Susan Ko	0:33:57
175	60	9	Ladies Junior 15 (14-15)	W043	Ines Murchie	0:33:57
176	116	19	Men's 40 (40-44)	M294	man kit chiu	0:35:01
177	117	12	Men's Open (18-34)	M234	X Llewel Dick Angala	0:35:08
178	118	20	Men's 40 (40-44)	M232	WING LEE CHAN	0:35:21
179	61	8	Ladies 35 (35-39)	W018	CHEUK Lok ping	0:35:23
180	119	21	Men's 40 (40-44)	M094	Hoi Wong	0:35:51
181	62	10	Ladies Junior 15 (14-15)	W112	Tilly Roberts	0:35:52
182	63	11	Ladies Junior 15 (14-15)	W167	Eloisa Deayton	0:35:52
183	120	13	Men's Open (18-34)	M284	Miguel Cordero Tan	0:36:03
184	121	6	Men's Junior 13 (12-13)	M056	Cody Nixon	0:36:52
185	64	7	Ladies 50 (50-54)	W165	Joanne Nixon	0:36:58
186	65	8	Ladies 50 (50-54)	W078	Natasha Trapla	0:36:59
187	122	8	Men's 60 (60-64)	M031	Charles Caldwell	0:37:28
188	123	4	Men's 70 (70-74)	M217	Ting Fun Stephen Hou	0:38:25
189	124	15	Men's 45 (45-49)	M257	Chu kai Wing	0:38:53
190	125	13	Men's 50 (50-54)	M008	Alex Murchie	0:39:25
191	66	9	Ladies 50 (50-54)	W046	Jane Griffiths	0:39:25
192	67	1	Ladies 70 (70-74)	W031	Evelyn Lim	0:39:33
193	126	14	Men's 50 (50-54)	M229	wilfred mui	0:39:37
194	127	7	Men's 55 (55-59)	M144	Kwok fai dennis Ko	0:40:53
195	128	1	Men's 75 (75-79)	M269	Thomas Lui kwok sing	0:40:55
196	129	22	Men's 40 (40-44)	M127	KA SHING KARL TAM	0:41:03
197	130	9	Men's 60 (60-64)	M151	Li Yuk Ki Eric	0:41:15
198	68	12	Ladies Open (18-34)	W130	Yee lam Elaine Tse	0:41:29
199	131	1	Men's 80+ (80+)	M114	John Fowler	0:41:44
200	132	2	Men's 75 (75-79)	M235	Yan Kwong Cho	0:41:56
201	133	10	Men's 65 (65-69)	M267	Russell Davie	0:44:34

AVOHK 5k Series 2024 - Race 2

Date: 7th September 2024

Overall Position	Gender Position	Category Position	Category	Bib	Name	OfficialTime
202	69	5	Ladies 55 (55-59)	W147	Michele Liew	0:44:35
203	134	2	Men's 80+ (80+)	M038	chi shing Tsang	0:46:06
204	135	15	Men's 50 (50-54)	M052	Chun hong Wong	0:47:01
205	136	3	Men's 80+ (80+)	M030	Chan Wing On	0:52:51